

中台禪寺美國奧克拉荷馬州分院 佛心寺
2017年九月至十二月禪修課程及法會活動

BUDDHA MIND MONASTERY

SEPTEMBER ~ DECEMBER 2017 CHAN (ZEN) CLASSES & EVENTS

Classes / Events	Time	Date	Notes
Zen Meditation & Buddhism Class Level I / Morning	Tuesdays 10 am ~ 12 pm	9/5 ~ 11/21	Zen meditation Fundamental Buddhist teachings No prerequisites
Zen Meditation & Buddhism Class Level I / Evening	Tuesdays 7 ~ 9 pm	9/5 ~ 11/21	
Zen Meditation & Buddhism Class Level II (B) / Morning	Fridays 10 am ~ 12 pm	9/8 ~ 11/17	Zen meditation Advanced Buddhist teachings Level I class required
Zen Meditation & Buddhism Class Level II (B) / Evening	Thursdays 7 ~ 9 pm	9/7 ~ 11/16	
Sutra Study Class / Morning	Thursdays 10 am ~ 12 pm	9/7 ~ 11/30 Except: 11/23	Zen meditation Dharma Lectures on "Sutra of the Eight Realizations of Great Beings" Level II class required
Sutra Study Class / Evening	Wednesdays 7 ~ 9 pm	9/6 ~ 11/29 Except: 11/22	
中文初級禪修班 Chinese Level I Meditation Class	每週六 Saturdays 1:30 ~ 3:30 pm	9/2 ~ 11/25 暫停日 Except: 9/16, 11/18	靜坐指導、初級佛學；不需基礎 Zen meditation & fundamental Buddhist teachings; No prerequisites
中文中級禪修班 Chinese Level II (A) Meditation Class	每週日 Sundays 1:30 ~ 3:30 pm	9/3 ~ 11/26 暫停日 Except: 9/17, 11/19	靜坐指導、中級佛學；須初級班結業 Zen Meditation & Advanced Buddhist teachings; Level I Class required
中文研經班 Chinese Sutra Study Class	每週日 Sundays 10 am ~ 12 pm	9/3 ~ 11/26 暫停日 Except: 9/17, 11/19	靜坐指導、佛法開示《八大人覺經》； 須中級班結業 Zen Meditation & Dharma lectures; Level II Class required
兒童禪修班 Kids' Meditation Class	Saturdays 10:30 am ~ 12pm	9/30, 10/14, 11/25	Meditation, Zen stories & themed activities 靜坐、故事、主題活動
素食烹飪班 Vegetarian Cooking Class	Saturdays 1:30 ~ 2:30 pm	9/23, 11/4	限禪修班學員與義工 BMM students & volunteers only

- ❖ All classes are free of charge. We are supported by your generous donations.
課程與活動完全免費，歡迎發心護持。
- ❖ Dress code: Please wear comfortable yet modest attire. Avoid shorts, short skirt, low-cut, midriffs, sleeveless, see-through, or tight-fitting garments. Optional meditation clothing may be obtained at the monastery. Socks are required. 請穿著襪子及寬鬆合宜的服裝，或向知客室借用禪修服。請勿赤腳或穿著低胸、短褲、短裙、無袖或緊身服裝。

DHARMA EVENTS 法會活動

Intensive Meditation Retreats 精進禪修	HALF-DAY RETREAT 半日禪 (BMM students only 限禪修班學員) 9/9, 10/7, 11/11, 12/16 (Saturday, 9:30 am ~ 12:10 pm)
9/3, 9/10 Sunday 11:15 am~12:30 pm	MEDICINE BUDDHA SUTRA SERVICE 藥師經共修 Chanting the “Sutra of Medicine Buddha” / Meditation 恭誦《藥師經》/ 靜坐
9/17 Sunday 10 am 11:45 am 12:30 pm 12:45 pm	COMPLETION CEREMONY OF MEDICINE BUDDHA SERVICES & INAUGURATION OF NEW DHARMA SUPPORT ASSOCIATION 藥師圓滿法會暨護法會頒證典禮 Chanting the “Sutra of Medicine Buddha” / Dharma Talk 恭誦《藥師經》/ 佛法開示 Offerings to the Buddhas / Blessing & Memorial Services 佛前獻供 / 消災 / 超薦 Inauguration of New Dharma Support Association 護法會頒證 Vegetarian Lunch 素齋供眾
9/24~11/12, 11/26 Sunday 11:15 am~12:30 pm	DIAMOND SUTRA SERVICE 金剛經共修 (暫停日 Except: 11/19) Chanting the “Diamond of Perfect Wisdom Sutra” / Meditation 恭誦《金剛經》/ 靜坐
10/26 Thursday 09:30 am 10:30 am 12:00 pm 02:00 pm	VISIT OF VEN. MASTER JIAN DENG, ABBOT OF CHUNG TAI CHAN MONASTERY, PURIFICATION CEREMONY, DHARMA TALK, AND TRANSMISSION OF THREE REFUGES & FIVE PRECEPTS 中台禪寺住持 見燈大和尚蒞臨佛心寺灑淨、弘法開示暨傳授三皈依五戒法會 Purification Ceremony 灑淨大典 Dharma Talk 佛法開示 Lunch 素齋供眾 Transmission of Three Refuges & Five Precepts 三皈依及五戒法會
11/19 Sunday 10:00 am 11:45 am 12:30 pm	GREAT COMPASSION GUAN YIN CEREMONY 觀音祈福法會 Chanting the “Universal Gateway of Bodhisattva Guan Yin” / Dharma Talk 恭誦《觀世音菩薩普門品》/ 佛法開示 Offerings to the Buddhas / Blessing & Memorial Services 佛前獻供 / 消災 / 超薦 Vegetarian Lunch 素齋供眾
12/3, 12/10, 12/17 Sunday 10:00 ~ 11:30 am	WATER REPENTANCE SERVICE 三昧水懺共修 Chanting the “Compassionate Samadhi Water Repentance” / Meditation 禮拜《慈悲三昧水懺》/ 靜坐
12/31 Sunday 10:00 am 11:45 am 12:45 pm	DIAMOND SUTRA CEREMONY & NEW YEAR CELEBRATION 新年金剛經祈福法會 Chanting the “Diamond of Perfect Wisdom Sutra” / Dharma Talk 恭誦《金剛經》/ 佛法開示 Offerings to the Buddhas / Blessing & Memorial Services 佛前獻供 / 消災 / 超薦 Vegetarian Lunch 素齋供眾

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