

Vegan “NO Bake” Peanut Butter and Jelly Cookies

Chef: Jeff Chung

Ingredients:

½ Cup Almond –Coconut Milk (low sugar, sodium, no cholesterol and carrageenan)

3 Tbs Apple Sauce

1/3 Cup Vegetable Oil

1 Cup Peanut Butter

2 ½ Cup Oatmeal (Old Fashioned)

½ Cup Craisins



Instructions:

- 1) Toast old fashioned oatmeal in medium saucepan with no oil for 1-2 mins. Set aside in large bowl.
- 2) Put all other ingredients (except for oatmeal) into med saucepan over high heat, when it comes to a boil, take off heat and slowly pour over Toasted oatmeal and mix evenly.
- 3) By using 2 spoons shape into oval ball drop into wax paper, flattened each cookies with a bottom of plate or cup. Serve cold or room temperature.